

In the Steps of St Francis

an active retreat in the Spiritual Heart of Italy, Umbria

1st → 8th September 2010

Rev John Rackley, former Chairman of the Retreats Association, will lead this 7 day retreat with a maximum group of 8 people. Brother Thomas Anthony SSF will lead a session on 'The Life of St Francis' and Clive & Florence Morton will provide assistance during the retreat. Visits to Gubbio, Assisi and La Verna will be arranged and there will be time to read, meditate, pray, enjoy Umbrian cuisine and relax by the pool.

Accommodation will be provided in Sopra and Terra (see main website) and all meals except some lunches are included in the cost of £595 per person. All transport during the retreat, including travel to and from Perugia Airport, is included in the cost. **Additional costs include some light lunches and flights to and from Perugia Airport** (with Ryanair from London Stansted).

In the Steps of St Francis

Wed 1st Sept	Thurs 2nd	Fri 3rd	Sat 4th	Sun 5th	Mon 6th	Tues 7th	Wed 8th
d. Stansted at 7.30 a. Perugia at 11.00	Prayers Brother Tom 'The Life of St Francis'	Prayers 10.30 Visit	Prayers Free/Quiet	Prayers? 10.00 Visit	Prayers Free/Quiet	Prayers 10.30 Visit	d. 9.00 from Montecastelli d. Perugia at 11.30
Lunch Free/Quiet Afternoon	Free/Quiet Afternoon	Gubbio 17.30	Day	Assisi 17.30	Day	La Verna 17.30	a. Stansted 12.00
Prayers 18.30 Dinner 19.30	Prayers Dinner	Prayers Dinner	Prayers Dinner at Nonna Gelsa	Prayers Dinner	Prayers Dinner	Prayers Dinner	

If you would like to join us ***In the Steps of St Francis*** please complete the form below and return it **with a deposit of £100 per person** to: C N & F Morton, 240 Eastfield Road, Peterborough PE1 4ND. Please make cheques payable to C N & F Morton.

Please reserve space on ***In the Steps of St Francis*** (1st → 8th September) for:

Name(s) _____

Address _____

Telephone (home) _____ (mobile) _____

Email _____

Special needs _____